

Elk Knob State Park ^[1]

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Trail in Elk Knob State Park. "Elk Knob NC SP 0933," photograph by bobistraveling, May 22, 2011. On Flickr. Used under Creative Commons License CC BY 2.0.

^[2]

By North Carolina Division of Parks and Recreation, 2015

<https://www.ncparks.gov/> ^[3]

Established: 2003

GPS Coordinates: [36.332586,-81.690640](#) ^[4]

Size: 3,672 Acres

See also: [Exploring North Carolina: North Carolina State Parks, Trails, Lakes, Rivers & Natural Areas](#)^[5]

Park Area History

Several historic mountain communities, from Meat Camp to Sutherland, surround Elk Knob State Park. From the 1850s until the late 20th century, people from near and far would bring their goods to the Winebarger Grist Mill in the Meat Camp community to be processed. Just a few miles away, Sutherland had a thriving business in the cattle industry. Each of these small, bustling, dynamic communities had at least one general store, post office, school, and church, and they contributed a rich history to this area of Watauga County.



Trail to Summit, Elk Knob State Park. Photograph by Charlie Peek, September 16, 2011. From the North Carolina State Parks Collection, NC Digital Collections.

[6]

Park History

Elk Knob was considered for a housing development during the late 1990s and early 2000s, until a group of concerned citizens, land owners, and The Nature Conservancy worked together to purchase the mountain. Elk Knob was purchased by The Nature Conservancy in 2002 and soon afterwards was deeded to the State of North Carolina under the management of the Division of Parks and Recreation. One of a dozen amphibolite peaks in Watauga and Ashe counties, Elk Knob has been set aside to help protect from development one of the beautiful mountains of the area as well as to protect the headwaters of the North Fork of the [New River](#) [7], one of the oldest rivers in the world.

Park Geology and Ecology

At an elevation of 5,520 feet above sea level, Elk Knob is one of the tallest peaks in Watauga County and affords panoramic views of the surrounding landscape. Native elk once roamed and grazed the valleys below the peak in abundant herds. The last native elk in North Carolina were believed to have been killed in the late 1700s.



Photograph of Elk Knob peak, North Carolina. By James Lautzenhelser, 2011. From Flickr. Used under Creative Commons License CC BY-ND 2.0.

Elk Knob is one in a series of amphibolite mountains in the southern Appalachian range. The area contains a high diversity of natural communities, many of them uncommon or rare. A very diverse flora is found in the area, due partially to the high elevation and the rich soils. The rich, or "sweet" soils, are derived from the weathering of amphibolite, a metamorphic rock type. Rare and endangered plants such as Gray's lily, trailing wolfsbane, large purple fringed orchid, and flame azaleas are found in the natural area.

Elk Knob contains an excellent example of a northern hardwood forest which includes a beech gap subtype on the summit. The northern hardwood forest, typically found above 4000 feet in elevation, consists primarily of sugar maple,

yellow birch, American beech, and yellow buckeye. Trees growing on the northern slopes and on the summit are gnarled and stunted by the harsh weather conditions.

The forests and rock outcrops support breeding ravens and a number of neotropical songbirds. Black bear, bobcat, wild turkey, white tailed deer, and a number of smaller mammals inhabit this rugged mountainous area.

References:

North Carolina Division of Parks and Recreation. Elk Knob State Park. <https://www.ncparks.gov/state-parks/elk-knob-state-park> ^[8] (accessed October 25, 2023).

Additional Resources:

Hike WNC. Hiking in Elk Knob State Park. <https://www.hikewnc.info/trailheads/elk-knob-state-park/> ^[9]

North Carolina Division of Parks and Recreation. Annual Report of the North Carolina Division of Parks and Recreation, Issues 2008 to 2015. https://digital.ncdcr.gov/documents?filter_41=North%20Carolina%20state%20... ^[10]

Image Credits:

Lautzenheller, James. "Elk Knob. The Peak." Photograph. 2011. Flickr. https://www.flickr.com/photos/highest_vision/5791812825/in/photostream/ ^[11] (accessed September 19, 2015).

bobistraveling. "Elk Knob NC SP 0933." Photograph. May 22, 2011. Flickr. https://www.flickr.com/photos/highest_vision/5791812825/in/photostream/ ^[11]

Peek, Charlie. "Trail to the Summit." Photograph. September 16, 2011. North Carolina State Parks Collection, NC Digital Collections. <https://digital.ncdcr.gov/Documents/Detail/trail-to-summit/368505> ^[6]

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From:

[NC Division of Parks and Recreation, NC Dept. of Natural and Cultural Resources](#) ^[17]

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