## A view of Hot Springs, NC, from the Lover's Leap Rock A view of Hot Springs, NC, from the Lover's Leap Rock

This is a view of Hot Springs, North Carolina, from the Lover's Leap Rock overlook. It is a popular site along the Appalachian Trail, a hiking trail that runs from Maine to Georgia. The rock gets its name from a Cherokee Indian tale of a maiden who threw herself to her death from the rock after her lover was killed by a jealous suitor. The rock stands tall over the French Broad River.



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1