

Climbing the trail

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A trekker climbs stone steps in the Annapurna foothills. Trekking in the mountain regions of Nepal involves a lot of walking up and down, at times covering several thousand feet in altitude along the way. This particular trek begins in Tirkhedhunga which is 4900 feet above sea level and proceeds towards Ulleri at 6800 feet above sea level. There are over 3000 steps along the trail between these two villages.



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