

## Little Americans, do your bit...

### Little Americans, do your bit!

Even the smallest children were enlisted in the war effort. Wheat was needed for soldiers, and so children (and their mothers) were encouraged to eat other grains such as oatmeal, corn, and rice — and were reminded, like children everywhere, to clean their plates.



# Little AMERICANS *Do your bit*

Eat Oatmeal-Corn meal mush-  
Hominy - other corn cereals -  
and Rice with milk.

*Save the wheat for our soldiers.*

Leave nothing on your plate



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