

Tourists and guides around the hearth

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In a lodge in Nayathanti, the evening meal is prepared by women while tourists and their guides warm themselves. The cultural diversity of Nepal has provided ample space for the growth of a number of cuisines based on the ethnic groups and the geographical features of the nation. Hence, Nepalese cuisine encompasses a wide array of different cuisines rather than one single type of cuisine. Dahl baht -- a rice and lentil soup -- is a staple dish of Nepal.



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