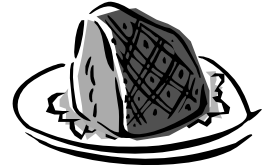


Name \_\_\_\_\_



## Vowels I Eat

See how many healthy foods you can find below by filling in the missing vowel. Use the pictures to help you find the vowels. Write the food group that each food belongs to in the space beside the food list.



**Food Group**

1. H\_\_MB\_\_RG\_\_R

\_\_\_\_\_

2. B\_\_N\_\_N\_\_

\_\_\_\_\_

3. M\_\_LK

\_\_\_\_\_

4. P\_\_N\_\_ \_\_PPL\_\_

\_\_\_\_\_

5. CH \_\_ \_\_S \_\_

\_\_\_\_\_

6. BR\_\_ \_\_D

\_\_\_\_\_

7. F\_\_SH

\_\_\_\_\_

8. K\_\_W\_\_

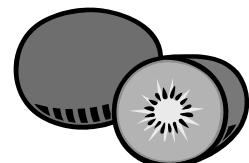
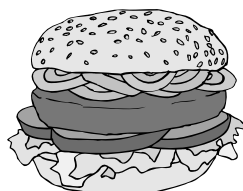
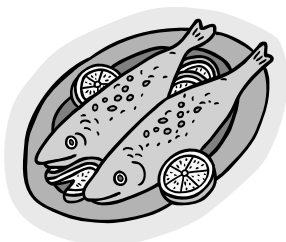
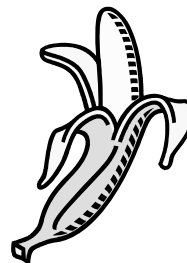
\_\_\_\_\_

9. H\_\_M

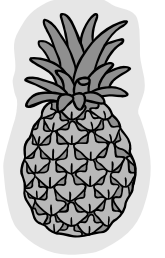
\_\_\_\_\_

10. T\_\_M\_\_T\_\_

\_\_\_\_\_



Name: Answer Key



# Vowels I Eat

See how many healthy foods you can find below by filling in the missing vowel. Use the pictures to help you find the vowels. Write the food group that each food belongs in the space beside the food list.

HAMBURGER

BANANA

MILK

PINEAPPLE

CHEESE

BREAD

FISH

KIWI

HAM

TOMATO

## Food Group

Meat & Beans

Fruit

Milk

Fruit

Milk

Grains

Meat & Beans

Fruit

Meat & Beans

Vegetable

